# Online Gambling Blockers Fact Sheet



Here are a range of options to help you limit your online gambling. Some tools can also be used to block access to other harmful websites. "Taking a break" from gambling is a great way to consider its impact on your life.



## **Broad Online Gambling Blockers**

#### **Betblocker**

**Betblocker** is a free tool that can be used across all your devices to block yourself from gambling sites and advertising. It also has a parental control function that allows you to switch the tool on and off using a password. You can block yourself for as little as 24 hours to as long as five years. Once installed it cannot be removed for the chosen period.

#### Gamban

Gamban blocks all gambling apps and websites, including niche ones like cryptocurrencies and e-sports betting. You can register as many devices as you like with no extra fee. There are two ways to use Gamban— either use the 'cool off' function or the 'exclusion' feature. To use the 'cool off' function it costs \$5.19 monthly, and the exclusion function costs \$4.34 monthly or about \$50 annually. Once installed, it cannot be removed until the subscription lapses.

#### GamBlock

**GamBlock** is a comprehensive blocking option with very tight protection that cannot be bypassed by VPNs or proxies. Once installed, it cannot be removed for the chosen period. There are a number of subscription options and it is available on most devices, though it is best suited for Windows and Android. An annual subscription starts at around \$142 for each device.

#### **Betfilter**

**Betfilter** is another tool that can be used to block gambling sites, apps and servers on all your devices. A yearly subscription costs about \$117 per device.

## NZ-Based Blockers

#### Lotto

There are a number of blocking options available via your MyLotto account. You can block yourself from games, lower your spending limits and exclude yourself from email advertising. Read more by visiting Lotto's 'Responsible Gaming' page.

## **TAB**

TAB also has several options for limiting your play available via their website. You can set/decrease spending limits, 'take a break', and remove yourself from promotional emails at any time via your online account dashboard. Visit the TAB website or call the TAB helpdesk on 0800 102 106 for more information.

# Other Blocking Options

You can also use online content control services like **Net Nanny**, **Netsafe**, **Norton Family** and others to limit your access to both gambling and any other websites that might be causing you problems.